

## WELCOME TO ASCENSION

SAVE YOUR PEOPLE, OH GOD, AND BLESS YOUR INHERITANCE

<b>SUN</b>	<b>SEP 12</b>	<b>SUNDAY BEFORE THE EXALTATION OF THE CROSS</b> Gal 6-11:18 Jn 3:13-17 Tone 7 10:40 3 <sup>rd</sup> Hour reading <b>11:00</b> Divine Liturgy for Our Parishioners and HGB June Ann Hall by MaryAnn Drumtra - <b>MIROVANIA</b> - After – Hospitality
Tue	Sep 14	<b>EXALTATION OF THE HOLY CROSS</b> 8:30am For Our Parishioners and HGB Linda Smith by Ann Kelly
Wed	Sep 15	8:30am For Our Parishioners and + Cecelia Kokinda by Eugene Kokinda <b>MOLEBEN TO THE THEOTOKOS</b> -Special Intentions-For Peace in Our Country
Thu	Sep 16	8:30am For Our Parishioners and + Cecelia Kokinda by Eugene Kokinda After - Bible Study 6:00pm “ <b>ROSARY</b> ” Prayer for Protection and Healing of the coronavirus and all serious illnesses by Men's Club
<b>SUN</b>	<b>SEP 19</b>	<b>SUNDAY AFTER THE EXALTATION OF THE CROSS</b> Gal 2-16:20 Mk 8:34-9:1 Tone 8 10:40 3 <sup>rd</sup> Hour reading <b>11:00</b> Divine Liturgy for Our Parishioners and HGB Sam and Velva Randall by Keith and Nadia Shackley After – Hospitality

**CLOSING HYMN:** Liturgy is not over until the closing hymn is complete, please refrain from conversation in the church. Remember we are live streaming. Thank you.

### ASCENSION GIFT SHOP

Many unique items come into the shop weekly. We have a great selection of special-occasion gifts and religious items unique to the Williamsburg area, including a wide selection of spiritual books, music, icons and devotional and inspirational articles plus hand-made soaps and local honey. Special orders welcomed.

## Prayer to Guardian Angel

ANGEL OF GOD, MY GUARDIAN DEAR, TO WHOM HIS LOVE COMMITS ME HERE:  
EVER THIS DAY BE AT MY SIDE, TO LIGHT AND GUARD, TO RULE AND GUIDE.

AMEN

**Office Manager:** Adi Kusno (Deacon Candidate) will be acting as the Ascension Office Manager under Fr. Alex. He will be responsible for organizational duties with scheduling activities as well as a contact person if Father is unavailable.

**LITURGY REQUESTS:** If you would like to request a Liturgy, please fill out the Liturgy request envelope and give it directly to Fr. Alex. Please include your telephone number.

**PARISH ACTIVITIES:** All activities should be recorded on the main calendar in the office. Please write in the activity you are responsible for and let Fr. Alex know the details so he can include it in the bulletin

## Happy SEPTEMBER BIRTHDAYS

2nd Lisa Branden; 6th Jacob Cook; 8th Jamie DaQuilanea; 14th Danny Montgomery; 14th Lolly Vinson; 20 Patty Piszko-Dunham; 21st Deborah Kotyk; 21st Sr Alphina Chepter; 23rd Peyton Karlson; 24th Zachary Karlson; 27th Lydia Marin; 28th Lisa Cifrulak Edwards; 29th Christine Noonan; 29th David Efimetz

### FINANCIALS, Sep 5

Monthly Dues – 1,120.00; Offertory –987.00; Candles – 87.00;  
In – 2,194.00; out – 6.683.28;

## TODAY.

I CHOOSE TO LIVE BY CHOICE, NOT BY CHANCE; TO MAKE CHANGES, NOT EXCUSES. TO BE MOTIVATED, NOT MANIPULATED. TO BE USEFUL, NOT USED. TO EXCEL, NOT COMPERE. I CHOOSE SELF-ESTEEM, NOT SELF-PITY. I CHOOSE TO LISTEN TO THE INNER VOICE, NOT THE RANDOM OPINION OF OTHERS.

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Youth faith formation will take place the 2nd and 4th Sunday of the month from 9:30 - 10:30 am beginning in September. If you are interested in signing your child up for formation, or helping with youth formation and fun events, please contact Angela Bracelin at [angela.bracelin@gmail.com](mailto:angela.bracelin@gmail.com) (3rd grade and below), or Sasha Kusno at [sashaeckstein@gmail.com](mailto:sashaeckstein@gmail.com) (4th grade and up).

### ADULT BIBLE STUDY CHANGE!

Adult Bible study will meet in St. Phillip's Hall on every 2nd and 3rd Tuesday of every month at 4:30pm. Please mark your calendar for this change. See Dr. Michael Lechman and Michael Bracelin for questions.

(For each Sunday 3rd Hour at 10:45)

Sept 12th: - Michael Bracelin; Sept 19th: - Tony Rago; - Sept 26th: Tony Rago

**The next Men's Club meeting is Tuesday September 21, 2021.**

### Attention Advisory Board, Security Team, Ushers, and Church

Volunteers: Catholic Mutual (our insurance company) has developed on line training courses. Please see Mrs. Linda Lechman for information on how to access these training courses.

**God bless America!!!**

### ASCENSION BONFIRE FRIDAY OCTOBER 29, 2021 6-9PM

Potluck Chili Cookoff. Hayrides by Mr. Tom. Games. Smores Child and the famous Adult Pinatas. "Fire fighters will come to extinguish the fire!" No touring of fire truck due to covid but they will come at 9 to put the fire out. Donations for the Pinatas may be left in hall on the bar candy, children toy prizes and adult goodies are needed. Contact Mary Jean Sotack to volunteer for set up or clean up. Look for a potluck sign up via email soon.

NEVER REPLY WHEN YOU'RE ANGRY. NEVER MAKE A PROMISE WHEN YOU'RE HAPPY. NEVER MAKE A DECISION WHEN YOU'RE SAD.

### Candles for September:

Sanctuary...HGB Margan Family...by Katarina Margan  
Tetrapod...HGB Joel Hampton & Family by Elaine & Joe Hampton  
Theotokos & Child...HGB June Ann and Darren Hall...by Mary Ann Drumtra  
Christ Teacher...HGB Patrick Alexander & Family...by Lee & Kathy Alexander  
John Baptist...HGB Olson Family...by Lee & Kathy Alexander  
St Nicholas...+ Margaret Fitzgerald....by Claudia Fitzgerald  
Protection Theotokos... HGB Morgan and Kevin Kelly by Ann Kelly

We have several faithful from Ascension who are in need of special prayer.

Some of those who need special prayer are:

*Ann Harmeyer, Chris Janke, Mary Grace Dorsey, Adithia and Sasha Kusno, Patrick Cook, Betta Labanish, Betty May Hertz, Emma Bernier, Fr. Alex*

Thank you. Fr. Alex

## Continuation of a Meditation on the Lord's Prayer.

We begin where we left off in the last letter, having spoken of the significance of the term "Our Father".

**"Who art in Heaven"** After we begin the Lord's prayer by declaring the name "Our Father", we further identify our God by placing Him, "Who art in Heaven". As we pray this phrase, we again take the role of the prodigal son, this time pondering the safety, security and great pleasures of his Father's house, and longing to return. Heaven is our home; the place we are meant to be. The place our Father wants us to be. A place where we will see God face to face. We tend to see Heaven according to our understanding of the physical world. God transcends all of our understanding, so too heaven. Consider that heaven is not a physical location in our universe, confined by time and space, rather Heaven was created by God, for God, and those who are justified in God. Heaven is perfect outside our understanding, yet God is not remote from us by any sense.

**The petitions** - After our initial address to the Father in the Lord's prayer, come a series of petitions. The first three petitions carry us toward God (thy name, thy kingdom, thy will) followed by four petitions that describe our most significant needs in life (give us, forgive us, lead us not and deliver us).

**"Hallowed be thy name..."** In the first petition, we are ascribing holiness, power and glory to the Father. We are saying that our God is worthy of complete devotion. One Who is perfect in goodness and righteousness. We pray this petition before our Father in Heaven and before all nations on earth. **"Thy kingdom come..."** In the second petition we are praying for the coming of the kingdom of God, here and now in our everyday lives. At the same time, we are also praying for Christ's glorious return at the end of time, and the final coming of the reign of God.

**"Thy will be done, on earth as it is in heaven..."** The third petition asks God that our will be conformed to his divine will. When Jesus was praying to the Father in the Garden of Gethsemane, he also used the words "thy will be done." When we pray "thy will be done" we commit ourselves to following Jesus by taking up our cross. We pray that the will of God may be done because we believe it to be perfectly loving and righteous. It is the will that desires our sanctification ([1Thessalonians 4:3](#))

**"Give us this day, our daily bread..."** In the fourth petition, we admit our total reliance on God. This reliance includes more than just our temporal needs; for we hear in Deuteronomy and Matthew that man does not live by bread alone. We are then asking for God to provide for us that which we need to grow spiritually. Indeed, as we grow closer to God, we find we need Him more and more.

**"Forgive us our trespasses, as we forgive those who trespass against us..."** Forgiveness is key in God's mercy. Notice the phraseology. Jesus uses words to specify the condition, the order of forgiveness. In Matthews Gospel, immediately after

the Lord's prayer, Jesus says "For if you forgive men their trespasses the Heavenly Father will forgive you." As Christians we should be quick to forgive others. How many times should we forgive? Jesus told Peter seventy times seven; meaning do not put a limit on forgiveness. What type of offenses should we forgive? Jesus set the example for us, by forgiving those who brutally tortured and crucified Him.

**"Lead us not into temptation..."** This petition is closely connected to the previous one. The sins of our trespasses are the result of giving into temptation. Temptation has always been with us, starting in the Garden of Eden. Christ was subject to temptation and rejected it. Here we find fruit. We are all of us subject to temptation, but we ask our Father in heaven to give us the grace not to fall into this path that leads to sin. **"But deliver us from evil..."** Once again, this final petition follows closely on the last one. Some have argued they are one in the same, but we will consider them separate. Here we are asking God to protect us from evil, more specifically, the evil one; Satan. It is Satan who prowls the earth like a lion looking for souls to devour.

Jesus told His Apostles to pray like this. How many questions they must have asked of Him? How many times did our Savior patiently guide them through the prayer? The bible does not speak of it, yet we see the wisdom of this prayer brought forth and manifested in our Catholic faith even unto this day. Amen.

Yours in Christ  
Brother Joseph

**"Behind every inflexibility there is something bad, which is not the Spirit of God... For, despite all the difficulties we may pose to His action, also despite our sins, God does not abandon us but rather abides with us in His merciful love. God is always near us with His kindness. He is like that father who went up to the terrace every day to see if his son was returning: the love of the Father never tires of us. Let us ask for the wisdom to always be aware of this reality, and to turn away the fundamentalists who propose to us a life of artificial asceticism, far removed from the resurrection of Christ. Asceticism is necessary, but wise asceticism, not artificial."**

*Pope Francis*

**If you are interested** in being an Usher, Greeter, or helping with Security please contact Mike Olson at [mikeo23608@gmail.com](mailto:mikeo23608@gmail.com).

**If you are interested** in serving the church by leading 3rd Hour before Divine Liturgy please email Michael Bracelin at [Michael.bracelin@gmail.com](mailto:Michael.bracelin@gmail.com)

## Psalm 1

**Blessed are they who hope in the Lord.**

Blessed the man who follows not  
the counsel of the wicked  
Nor walks in the way of sinners,  
nor sits in the company of the insolent,  
But delights in the law of the LORD  
and meditates on his law day and night.

**Blessed are they who hope in the Lord.**

He is like a tree  
planted near running water,  
That yields its fruit in due season,  
and whose leaves never fade.  
Whatever he does, prospers.

**Blessed are they who hope in the Lord.**

Not so, the wicked, not so;  
they are like chaff which the wind drives away.  
For the LORD watches over the way of the just,  
but the way of the wicked vanishes.

**Blessed are they who hope in the Lord.**

## Psalm 95

**If today you hear his voice, harden not your hearts.**

Come, let us sing joyfully to the LORD;  
let us acclaim the Rock of our salvation.  
Let us come into his presence with thanksgiving;  
let us joyfully sing psalms to him.

**If today you hear his voice, harden not your hearts.**

Come, let us bow down in worship;  
let us kneel before the LORD who made us.  
For he is our God,  
and we are the people he shepherds, the flock he guides.

**If today you hear his voice, harden not your hearts.**

Oh, that today you would hear his voice:  
“Harden not your hearts as at Meribah,  
as in the day of Messiah in the desert,  
Where your fathers tempted me;  
they tested me though they had seen my works.”

**If today you hear his voice, harden not your hearts.**

## Psalm 23

**Even though I walk in the dark valley I fear no evil; for you are at my side.**

The LORD is my shepherd; I shall not want.  
In verdant pastures he gives me repose;  
Beside restful waters he leads me;  
he refreshes my soul.

**Even though I walk in the dark valley I fear no evil; for you are at my side.**

He guides me in right paths  
for his name's sake.  
Even though I walk in the dark valley  
I fear no evil; for you are at my side  
With your rod and your staff  
that give me courage.

**Even though I walk in the dark valley I fear no evil; for you are at my side.**

You spread the table before me  
in the sight of my foes;  
You anoint my head with oil;  
my cup overflows.

**Even though I walk in the dark valley I fear no evil; for you are at my side.**

Only goodness and kindness follow me  
all the days of my life;  
And I shall dwell in the house of the LORD  
for years to come.

**Even though I walk in the dark valley I fear no evil; for you are at my side.**

## Psalm 16

**Keep me safe, O God; you are my hope.**

Keep me, O God, for in you I take refuge;  
I say to the LORD, "My Lord are you."  
O LORD, my allotted portion and my cup,  
you it is who hold fast my lot.

**Keep me safe, O God; you are my hope.**

I bless the LORD who counsels me;  
even in the night my heart exhorts me.  
I set the LORD ever before me;  
with him at my right hand I shall not be disturbed.

**Keep me safe, O God; you are my hope.**

Therefore my heart is glad and my soul rejoices,  
my body, too, abides in confidence;  
Because you will not abandon my soul to the nether world,  
nor will you suffer your faithful one to undergo corruption.

**Keep me safe, O God; you are my hope.**

You will show me the path to life,  
fullness of joys in your presence,  
the delights at your right hand forever.

**Keep me safe, O God; you are my hope.**

### **Psalm 138**

**Your right hand saves me, O Lord.**

I will give thanks to you, O LORD, with all my heart,  
for you have heard the words of my mouth;  
in the presence of the angels I will sing your praise;  
I will worship at your holy temple,  
and give thanks to your name.

**Your right hand saves me, O Lord.**

Because of your kindness and your truth,  
you have made great above all things  
your name and your promise.  
When I called, you answered me;  
you built up strength within me.

**Your right hand saves me, O Lord.**

Your right hand saves me.  
The LORD will complete what he has done for me;  
your kindness, O LORD, endures forever;  
forsake not the work of your hands.

**Your right hand saves me, O Lord.**

### **Psalm 113**

**The Lord will give him a seat with the leaders of his people.**

Praise, you servants of the LORD,  
praise the name of the LORD.  
Blessed be the name of the LORD  
both now and forever.

**The Lord will give him a seat with the leaders of his people.**

From the rising to the setting of the sun  
is the name of the LORD to be praised.  
High above all nations is the LORD;  
above the heavens is his glory.

**The Lord will give him a seat with the leaders of his people.**

Who is like the LORD, our God, who is enthroned on high  
and looks upon the heavens and the earth below?

**The Lord will give him a seat with the leaders of his people.**

He raises up the lowly from the dust;  
from the dunghill he lifts up the poor  
To seat them with princes,  
with the princes of his own people.

**The Lord will give him a seat with the leaders of his people.**

### **Psalm 104**

**Lord, send out your Spirit, and renew the face of the earth.**

Bless the LORD, O my soul!  
O LORD, my God, you are great indeed!  
How manifold are your works, O LORD!  
the earth is full of your creatures.

**Lord, send out your Spirit, and renew the face of the earth.**

May the glory of the LORD endure forever;  
may the LORD be glad in his works!  
Pleasing to him be my theme;  
I will be glad in the LORD.

**Lord, send out your Spirit, and renew the face of the earth.**

If you take away their breath, they perish  
and return to their dust.  
When you send forth your spirit, they are created,  
and you renew the face of the earth.

**Lord, send out your Spirit, and renew the face of the earth.**

### **Psalm 11**

The LORD is in his holy temple;  
the LORD's throne is in heaven.  
His eyes behold,  
his searching glance is on mankind.

**The just will gaze on your face, O Lord.**

The LORD searches the just and the wicked;  
the lover of violence he hates.  
For the LORD is just, he loves just deeds;  
the upright shall see his face.

**The just will gaze on your face, O Lord.**

### **Psalm 103**

**The Lord has established his throne in heaven.**

Bless the LORD, O my soul;  
and all my being, bless his holy name.  
Bless the LORD, O my soul,  
and forget not all his benefits.

**The Lord has established his throne in heaven.**

For as the heavens are high above the earth,  
so surpassing is his kindness toward those who fear him.  
As far as the east is from the west,  
so far has he put our transgressions from us.

**The Lord has established his throne in heaven.**

The LORD has established his throne in heaven,  
and his kingdom rules over all.  
Bless the LORD, all you his angels,  
you mighty in strength, who do his bidding.

**The Lord has established his throne in heaven.**



## Psalm 15

**He who does justice will live in the presence of the Lord.**

He who walks blamelessly and does justice;  
who thinks the truth in his heart  
and slanders not with his tongue.

**He who does justice will live in the presence of the Lord.**

Who harms not his fellow man,  
nor takes up a reproach against his neighbor;  
By whom the reprobate is despised,  
while he honors those who fear the LORD.

**He who does justice will live in the presence of the Lord.**

Who lends not his money at usury  
and accepts no bribe against the innocent.  
He who does these things  
shall never be disturbed.

**He who does justice will live in the presence of the Lord.**

## Exodus 15

**Let us sing to the Lord; he has covered himself in glory.**

I will sing to the LORD, for he is gloriously triumphant;  
horse and chariot he has cast into the sea.  
My strength and my courage is the LORD,  
and he has been my savior.  
He is my God, I praise him;  
the God of my father, I extol him.

**Let us sing to the Lord; he has covered himself in glory.**

The LORD is a warrior,  
LORD is his name!  
Pharaoh's chariots and army he hurled into the sea;  
the elite of his officers were submerged in the Red Sea.

**Let us sing to the Lord; he has covered himself in glory.**

The flood waters covered them,  
they sank into the depths like a stone.  
Your right hand, O LORD, magnificent in power,  
your right hand, O LORD, has shattered the enemy.

**Let us sing to the Lord; he has covered himself in glory.**



### **Psalm 69**

**Turn to the Lord in your need, and you will live.**

I am sunk in the abysmal swamp  
where there is no foothold;  
I have reached the watery depths;  
the flood overwhelms me.

**Turn to the Lord in your need, and you will live.**

But I pray to you, O LORD,  
for the time of your favor, O God!  
In your great kindness answer me  
with your constant help.

**Turn to the Lord in your need, and you will live.**

But I am afflicted and in pain;  
let your saving help, O God, protect me;  
I will praise the name of God in song,  
and I will glorify him with thanksgiving.

**Turn to the Lord in your need, and you will live.**

“See, you lowly ones, and be glad;  
you who seek God, may your hearts revive!  
For the LORD hears the poor,  
and his own who are in bonds he spurns not.”

**Turn to the Lord in your need, and you will live.**

### **Psalm 106**

**Give thanks to the Lord, for he is good.**

Our fathers made a calf in Horeb  
and adored a molten image;  
They exchanged their glory  
for the image of a grass-eating bullock.

**Give thanks to the Lord, for he is good.**

They forgot the God who had saved them,  
who had done great deeds in Egypt,  
Wondrous deeds in the land of Ham,  
terrible things at the Red Sea.

**Give thanks to the Lord, for he is good.**

Then he spoke of exterminating them,  
but Moses, his chosen one,  
Withstood him in the breach  
to turn back his destructive wrath.

**Give thanks to the Lord, for he is good.**

**Psalm 99**

**Holy is the Lord our God.**

Extol the LORD, our God,  
and worship at his footstool;  
holy is he!

**Holy is the Lord our God.**

Moses and Aaron were among his priests,  
and Samuel, among those who called upon his name;  
they called upon the LORD, and he answered them.

**Holy is the Lord our God.**

From the pillar of cloud he spoke to them;  
they heard his decrees and the law he gave them.

**Holy is the Lord our God.**

Extol the LORD, our God,  
and worship at his holy mountain;  
for holy is the LORD, our God.

**Holy is the Lord our God.**

**Psalm 95**

**If today you hear his voice, harden not your hearts.**

Come, let us sing joyfully to the LORD;  
let us acclaim the Rock of our salvation.  
Let us come into his presence with thanksgiving;  
let us joyfully sing psalms to him.

**If today you hear his voice, harden not your hearts.**

Come, let us bow down in worship;  
let us kneel before the LORD who made us.  
For he is our God,  
and we are the people he shepherds, the flock he guides.

**If today you hear his voice, harden not your hearts.**

Oh, that today you would hear his voice:  
“Harden not your hearts as at Meribah,  
as in the day of Massah in the desert,  
Where your fathers tested me;  
they tested me though they had seen my works.”

**If today you hear his voice, harden not your hearts.**

**Psalm 106**

**Remember us, O Lord, as you favor your people.**

We have sinned, we and our fathers;  
we have committed crimes; we have done wrong.  
Our fathers in Egypt  
considered not your wonders.

**Remember us, O Lord, as you favor your people.**

But soon they forgot his works;  
they waited not for his counsel.  
They gave way to craving in the desert  
and tempted God in the wilderness.

**Remember us, O Lord, as you favor your people.**

They forgot the God who had saved them,  
who had done great deeds in Egypt,  
Wondrous deeds in the land of Ham,  
terrible things at the Red Sea.

**Remember us, O Lord, as you favor your people.**

Then he spoke of exterminating them,  
but Moses, his chosen one,  
Withstood him in the breach  
to turn back his destructive wrath.

**Remember us, O Lord, as you favor your people.**

## **Psalm 97**

**The Lord is king, the Most High over all the earth.**

The LORD is king; let the earth rejoice;  
let the many islands be glad.  
Clouds and darkness are round about him,  
justice and judgment are the foundation of his throne.

**The Lord is king, the Most High over all the earth.**

The mountains melt like wax before the LORD,  
before the LORD of all the earth.  
The heavens proclaim his justice,  
and all peoples see his glory.

**The Lord is king, the Most High over all the earth.**

Because you, O LORD, are the Most High over all the earth,  
exalted far above all gods.

**The Lord is king, the Most High over all the earth.**

## **Psalm 85**

**The Lord speaks of peace to his people.**

I will hear what God proclaims;  
the LORD—for he proclaims peace  
To his people, and to his faithful ones,  
and to those who put in him their hope.

**The Lord speaks of peace to his people.**

Kindness and truth shall meet;  
justice and peace shall kiss.  
Truth shall spring out of the earth,  
and justice shall look down from heaven.

**The Lord speaks of peace to his people.**

The LORD himself will give his benefits;  
our land shall yield its increase.  
Justice shall walk before him,  
and salvation, along the way of his steps.

**The Lord speaks of peace to his people.**